

Run at Meydan Tracks

Sharaf Exchange

Series 2/3  
10k,5k,3k,1K



25<sup>th</sup> ON FRIDAY  
June, 2021

**Road Run**



**RACE BRIEFING**  
**GOOD LUCK RUNNERS**

# WELCOME MESSAGE



Mr. Khalifa Al Shamsi  
Managing Director  
Team Sports UAE

Welcome you all for joining the great community event Summer Run at Meydan Tracks Series Race 2/3 Presented by Sharaf Exchange on 25<sup>th</sup> June 2021.

Wish you all the very best and have a safe run. Our purpose is to create maximum opportunities in the field of sports to keep you healthy and physically fit.



## COVID-19 Precautions:

Please **READ** the important information below:

As you all are aware about the pandemic situation COVID-19 impacts, there is a guideline by local authorities and being a responsible citizen, we all have to follow.

- Wearing a mask is mandatory before and after the race. Masks will be available, if someone needs.
- Use hand sanitizers frequently and it will be available at different places.
- No gathering, hugging, touching and group photos are allowed.
- Stay in Race village area till your distance is called out to the start line for your respective format.

**Social distance is a social responsibility. Let's act responsibly together!**

### COVID-19 Vaccination SOPs



As per precautionary measures issued by the authorities; all athletes and spectators, over the age of 16, should have fully completed both COVID-19 vaccination doses 14 days before taking part in the event. Furthermore, adherence to 2 meter social distancing rules and wearing a mask at all times (unless engaged in a sports activity). For venue admission, kindly present the ALHOSN app or vaccination card.

**Any participants failed to comply above rules, he/she will be disqualified.**

# **RACE PROGRAM**

**THE TRACK, MEYDAN, DUBAI, UAE**

**NO LATE ENTRIES WILL BE ACCEPTED**

**BE CHECKED IN AT LEAST 25 MIN PRIOR TO THE START OF YOUR FIRST RACE**

**05h00 Race Check-In Opens**

**05h50 Race Check-In Closes for all distances**

**06h00 10km Race Starts**

**06h05 5km Race Starts**

**06h10 3km Race Starts**

**06h12 1km Race Starts**

**08h00 cut off time for all races**

## **PRIZE CERMONY**

- There will be no stage ceremony only prize distribution after the race.
- There will be winning trophies for top 3 over all in each format(10K,5K,3K) Male and Female.
- 10KM there is 8 age group categories and trophies will be awarded to the top 3 male and female.
- 1km there is age categories for junior.
- Overall winners will not be included in age category prizes.

**THERE IS NO BAG DROP FACILITY IN RCAE VILLAGE AREA.**

## **DIRECTION TO VENUE**

### **THE TRACK GOLF CLUBHOUSE, MEYDAN**

**Click following link**

<https://g.page/TheTrackMeydanGolfClub?share>

**OR**

**Google Maps Search = The Track, Meydan Golf - Dubai**

## **PARKING**

**Parking is available only in G12, Just few meters away from the starting line.**

## RACE PACK COLLECTION

You have to take care about social distance while collecting the race packs.

Race Village Open at 05h00 For Race Pack collection-Outside in the Race Village.

Please make sure you must have checked in and received your timing chip 20 minutes before your race starts.

## RACE BIBS

Race pack collection will be on the day of the event and race number is to be worn at your front only.

Safety pins will be available along with Race number

No need to return the Race number once finished racing.

## TIMING CHIP

Timing chip will be pasted at the back side of the Race bib.

Do not remove the chip from bib number.

**Remember;** if you run without chip or without Bib number, you will not get the result.

**No bib No Result.**

Do not use someone else Bib, this is illegal and the person will be disqualified by time management.

## **AGE CATEGORIES AND RACE DISTANCES**

### **10KM**

16-20 Years Male & Female

21-34 Years Male & Female

35-39 Years Male & Female

40-44 Years Male & Female

45-49 Years Male & Female

50-54 Years Male & Female

55-59 Years Male & Female

60+ Years Male & Female

### **5KM**

14-99 Years Over All 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> Positions Male

14-99 Years Over All 1st 2nd 3rd Positions Female

### **3KM**

Over All 1st 2nd 3rd Positions Male

Over All 1st 2nd 3rd Positions Female

### **1KM Junior**

04 -06 Years Over All 1st 2nd 3rd Positions

07 -09 Years Over All 1st 2nd 3rd Positions

10 -12 Years Over All 1st 2nd 3rd Positions

## **RACE RULES AND IMPORTANT INFORMATION**

- The run course will be traffic free, internal roads of Meydan with 1 tarred road and keep running on right hand side. (The road will be one tarred)
- **Everyone must pass by Start/Finish & Split mat as it is essential to cross ALL the timing mats in order to get an accurate result, if anyone does not follow this, he/she will be disqualified.**
- Please run ONLY on the RIGHT hand side of the road. Returning runners need room to pass safely on your left (their right)
- Parents (without bib number/timing tag) wishing to run with their children under 10 years can join and accompany them

### **About Course:**

**10km 2-Laps 2x5KM Course**

**5km 1 Lap**

**3km 1 Lap**

**1km 1 Lap**

### **Disqualification Rules:**

**Do not cross all of the timing points for their registered category or distance.**

**If a person participates using someone else no or chip.**

**Any drafting or shortcut is not allowed.**

**If somebody is not following the COVID-19 Protocol, he/she will be stopped to participate.**



# RACE START PROCEDURE

- At the starting line there will be floor marking to maintain social distance.
- There will be a wave start instead of mass start and each wave comprises 4 to 5 persons. The distance between every row will be 2 meters.
- Each wave will be released with a difference of 4 seconds. Starting line will be covered and only the relevant runners will be released and allowed to enter there with their respective distance 10k, 5k, 3k & 1k.
- Please wait in the Race village area till your distance is called out and after that you can proceed to start line.
- Do not remove your mask until you cross the starting line
- Once you cross over the timing mat then your race and time starts, so no worries, if you are behind.
- Please give preference to fast runners in first rows

## **END-OF-RACE PROCEDURES:**

Finisher medals will be collected by the runners themselves at the Finishing line. After that keep moving through the race village area and refreshment will be available there but keep in mind the social distance protocol at all the times.

We have to follow the hygiene policy and all the used stuff (mask and gloves) is to be thrown in the bins.

If you have an idea that you will not fall in any age category position, so kindly leave the venue but make sure you receive your medal and refreshment.

## **RACE RESULT**

Soon after the race our official time management partner will review and finalize the result.

Race result can be viewed on following link and we will also share the link through your registered email soon after the Race.

[www.eevents.ae/live](http://www.eevents.ae/live)

## **EVENT PHOTOS**

During the Run please give smile to Photographers as they will capture your memorable PHOTO at different points.

Photos will be published on the 'Team sports UAE' Facebook page within 48 Hours and link will also be shared via email.

### **GENERAL INFORMATION**

#### **FINISHER MEDAL:**

Finisher medals will be collected by the runners themselves at the Finishing line. After that keep moving through the race village area and refreshment will be available there but keep in mind the social distance protocol at all the times

#### **AMBULANCE**

Ambulance and medical staff will be available throughout the course. In the case of any injury, trouble or some emergency, please inform the closest road marshal to call for assistance.

#### **SELF SERVICE WATER STATION**

For 10k race, there will be 3 water stations, for 5k, 3 water stations and for 3k & 1k there will be 2 water stations.

#### **REFRESHMENTS:**

Refreshments will be provided in the race village area including juices, water, fruits and POCARI SWEAT Drinks.

BMI facility will be available in the race village area and this facility is provided by PMC.



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