SPORTS

## RACE DAY PROGRAM

- Be checked in at least 30 minutes before the start of your respective race.
- No need to be there from the beginning when Race Check In opens.
- Once entered, you can swim in as many races as you choose to on the day except for 3.2 km distance.


## Individual Races

06h30: Race Check-In Opens for All Events
07h30: 800 meters - All Ages
07h35: 3.2 km - 14 to 99 years
08h00: 200 meters -4 to 12 years only
08h30: 400 meters - All Ages
09h00: Race Check-In for ALL races CLOSES
09h00: Mile 1600 meters: All Ages
10h00: Event Ends

## Prize Giving

- Prize Distribution will take place after each swim distance is completed and results have been checked.
- Prize Winners will look for their name on the Results board and then collect their prize.
- No formal prize giving ceremony will take place, only prize collection.
- If you cannot make it for prize collection, please ask a friend to collect on your behalf.


## THERE IS NO BAG DROP!

