

ALL YOU NEED TO KNOW









Thursday 28th January 2021

Dubai Garden Glow

Covid-19 preventative measures apply.

If you have any Covid-19 symptoms - do not attend.

Location

The run starts Dubai Garden Glow at Zabeel Park. For a pin location of **Dubai Garden Glow** please click

Parking

As you arrive Dubai Garden Glow there is RTA parking available outside the park. Click for location.

Categories

9.30pm: 10km followed by the 5km then the 2.5km.

Race Pack Collection

Runners can collect their Race Packs on the evening of the run from the Registration Area, which will be outside the Dubai Garden Glow from 8.30pm onwards.

The Race Pack will include a **Race Bib** with a timing chip and safety pins. Your timing chip is attached to the back of the race bib. **Please do not remove it.** Remember to wear your race bib on your front so it can be seen. No Bib = No Time = No Photographs

The Course

For the course map, click here

The **10km**, **5km** and **2.5km** courses start inside Dubai Garden Glow and complete a 1km loop inside the gardens.

All the routes then head outside the park, with the **2.5km** course completing a loop in front of the park and then coming back into the park to finish under the archway.

The **5km** course goes round around the outside of the park, with the **10km** course completing the course twice.

Start / Finish

The start line will be open for 15 minutes per race to allow runners to start in waves for 2 or 3 runners. Please ensure you have your mask on at the start line until you are told to remove it.

Water

There will **NOT** be any water stations on the course. Water will be available at the start/finish area. Please step off the course to drink water.

Toilets

Bathrooms are available in the starting area

Medical

If you require medical assistance please speak to a marshal on the course, or speak to a member of the organizing team on the start line.

Spectators

Spectators can watch the run from outside the park. Access to the Dubai Garden Glow is only for runners.













Results and Awards

Preliminary results are published after the run. Any queries regarding time and results must be made before 12 midday on Monday 1st February, when the results will be finalized. For the Results, please click here!

Due to Covid-19 restrictions there will be NO award presentation. Prizes will be given to overall winners only and these will be notified by email.

COVID-19 precautions

- If you are feeling unwell, please do not attend the event
- Sanitization point will be available at Registration, and the Finish Line
- Runners will start in waves of 3 each, 5-10 seconds apart
- · Bag drop and lockers are not available
- Please always practice social distancing. Remember to wear a face mask on the morning of the race. If you are not running you should be wearing a mask

Dubai Women Running Challenge brought to you by











