

## ALL YOU NEED TO KNOW











# Saturday 23rd January 2021

#### **Palm Jumeirah**

### Covid-19 preventative measures apply. If you have any Covid-19 symptoms - do not attend.

#### Location

The run starts opposite Atlantis, The Palm on the Palm Jumeirah Boardwalk. For a pin location of *Atlantis, The Palm* please click <a href="here">here</a>
When crossing the road to access the Palm Jumeirah Boardwalk, please use the crossing points.

#### **Parking**

As you arrive on the crescent of Palm Jumeirah, turn right at the first round about, and park in **White Beach/Aquaventure Waterpark Parking.** Click <a href="here">here</a> for location.

#### **Categories**

7.00am: 10km 7.05am: 5km 7.20am: 2.5km

#### **Race Pack Collection**

Runners can collect their Race Packs on the morning of the run from the Registration Trailer, which will be opposite the Atlantis, The Palm from 6.00am onwards.

2.5km runners can collect their race packs from 7.00am onwards. The Race Pack will include a **Race Bib** with a timing chip and safety pins. Your timing chip is attached to the back of the race bib. **Please do not remove it.** Remember to wear your race bib on your front so it can be

seen. No Bib = No Time = No Photographs

#### The Course

For the course map, click here

The 10km, 5km and 2.5km course start on the Palm Jumeirah Boardwalk opposite Atlantis, The Palm.

The **10km** and **5km** routes start by running West towards the marina.

- The 5km route turns at the first turning point approximately 1km from the start.
- The 10km course, turns at the second turning point approximately
   3.5km from the start.
- Both courses, return to the start/finish line and head East towards The Royal Atlantis turning at the second turning point before returning to the start/finish line to complete the run.

The **2.5km** course heads East towards The Royal Atlantis and turns at the first turning point to return to the start/finish line and complete the course.

#### Start / Finish

The start line will be open for 15 minutes per race to allow runners to start in waves for 2 or 3 runners. Please ensure you have your mask on at the start line until you are told to remove it.

#### Water

There will **NOT** be any water stations on the course. Water will be available at the start/finish area.

#### **Toilets**

Bathrooms are available opposite the parking area on Crescent Road, near the start line.

#### Medical

If you require medical assistance please speak to a marshal on the course, or speak to a member of the organizing team on the start line.

#### **Spectators**

Spectators can watch the run from the pavement which runs the whole length of the Palm Jumeirah Boardwalk. Access to the Palm Jumeirah Boardwalk is only for runners.

















#### **Results and Awards**

Preliminary results are published after the run. Any queries regarding time and results must be made before 12 midday on Monday 25th January, when the results will be finalized. For the Results, please click <a href="here!">here!</a>

Due to Covid-19 restrictions there will be NO award presentation. Prizes will be given to overall winners only and these will be notified by email.

#### **COVID-19 precautions**

- If you are feeling unwell, please do not attend the event
- Sanitization point will be available at Registration, and the Finish Line
- Runners will start in waves of 3 each, 5-10 seconds apart
- Bag drop and lockers are not available
- Please always practice social distancing. Remember to wear a face mask on the morning of the race. If you are not running you should be wearing a mask

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