

# Sheri Village...Hiking



Destination	
Wadi Naqab , Ras Al-Khaimah, UAE Google Maps : <a href="https://goo.gl/maps/HSTDKNDRvDqKJ8D6A">https://goo.gl/maps/HSTDKNDRvDqKJ8D6A</a>	
Duration	Date
1 day	Jan 22 <sup>nd</sup> 2021
Overview	
<p>Wadi Naqab is a fantastic off-road destination for a bit of everything. A classic (if rather short) wadi-bashing experience with different levels of challenge, great camping spots and viewpoints, this all-rounder also offers an abundance of opportunities to get up to elevation for rewarding hiking. Ras Al Khaimah's impressive Hajar Mountains lean from Wadi Naqab towards the sea, showing their many colours and formations.</p> <p>The route takes us through Wadi Naqab to the higher plateau of the mountain where villagers grow crops and raise goats. The views from the top are stunning. Ascending will take place at some points on a man-made rocky stair. On the way to the top, we will pass by a bat cave that is big enough to hold us all for a group photo and a little exploration.</p>	
Activities	
<p><b><u>Off-roading</u></b> A dirt road, Rocky Valley beds.</p> <p><b><u>Hiking</u></b> <b>Track:</b> steep ascending and descending (perfect place to train for and learn to manoeuvre on uneven ground).</p> <p><b>Type:</b> Round trip</p>	
Physical Level	
<ul style="list-style-type: none"> <li>• The difficulty level of these canyons is “Intermediate”.</li> <li>• No technical gear is required.</li> <li>• No water involved.</li> <li>• NO rope or technical skills required.</li> <li>• A very good amount of fitness level is required.</li> </ul> <p>Due to its steepness, it is an intermediate hiking route with some exciting challenges suitable for all levels if they meet the required fitness. We will come across some beautiful rock formations that will provide us with a good way to learn entry-climbing techniques.</p>	
Transportation	
<ul style="list-style-type: none"> <li>• Own transportation</li> <li>• 4 WD is required to reach the hiking start point from Wadi entrance.</li> </ul>	

## ITINERARY



leaving Dubai at 5AM to Reach hiking starting point at 7AM and start to walk toward the Pat cave then we will have some rest there for food and picture, then we will continue to the top till we reach Sheri village.

We will be there for one-hour maximum to take pictures, food and to explore the place, after that we will go back down to the cars to have lunch and then drive back to Dubai.

FYI: The total hiking will be between 6 to 7 hours.

## What to Carry

### HIKING GEAR LIST

#### Must

- Backpack (Recommended with good shoulder and waist straps).
- Hiking boots (recommended with ankle support).
- Hiking poles (if you have knee problems).
- Sunscreen, hat and sunglasses.
- Minimum 3liters of water.
- Basic Aid kit (Advil, Band-Aid, antiseptic, hand sanitizer, wet wipes, etc.)

#### Recommended

- Trekking poles (It is recommended to use to get aquatinted with it for future and more challenging hikes. It also helps takes off some of the pressure of your shoulders and knees).
- Hydration drinks (ELECTROLYTE DRINK, SPORTS DRINKS, HYDRATION TABLETS)
- Power bars (Protein, Amino Acids).
- Water Bladder
- Snacks / Fruits

- Extra shirt, towel, flip-flops (for after the hike)

**NO on hike**

- JEANS
- SANDALS & Flip-flop
- Cotton

**Includes**

- Qualified / Experienced English speaking guides.
- Snack ( One Sandwich)
- Juice ( One small flavored juice)
- Fruits (Two Pic of different fruits)
- Water 2 Liter
- First Aid.

**Excludes**

- Travel Insurance
- Personal expenses
- Gear (Backpack, trekking pole etc.).
- Transportation

**Notes**

- Full payment should be made before the trip.
- All services stipulated above are subject to availability at the time of booking/reservation.
- All prices are subject to change.
- If you are a vegetarian kindly notify us 3 days in advance.
- The itinerary and schedule are subject to change due to weather, road condition and operating conditions. In any case, the guide has the RIGHT to change the program for the safety and convenience of the travelers.

**Cost**

- **120 AED Per person (Based on a group of 10 -20 People) + 5% Vat**

**Registration/Information/Payment**

- **Contact +971-52-88-44-346**