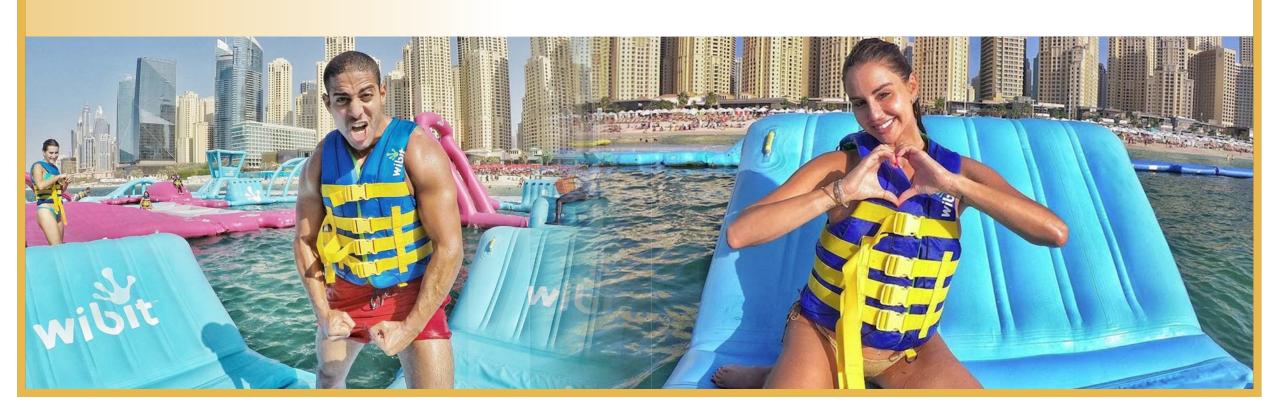




Saturday 31st Oct 2020

Challenge Briefing



WELCOME MESSAGE

Thank you for joining us for the Aqua Challenge.

The following pages outline all the important information you need to know on race day.

A reminder to all participants that this is a community-based event focusing on allowing individuals and teams participants to experience a challenging environment in a social yet competitive atmosphere.

GOOD LUCK TO YOU ALL!





COVID-19 PRECAUTIONS

- Keep a 2m social distance at all times
- Wear a mask till just before you start and once you finished put it back on or a new disposable mask will be given to you.
- No prize giving winners will be informed post race where to collect prizes.
- No gatherings / hugging / touching / group photos etc.
- Temperature check at CHECK IN on the day
- Sanitize your hands regularly at designated stations.
- If you feel unwell on the morning of the event with flu-like symptoms, please stay at home!

Any participants not observing any of the above rules will be disqualified without a warning!



DIRECTIONS TO THE JBR BEACH

CLICK HERE for Google Maps https://goo.gl/maps/NDKpVhydXcSfSpWc9

PARKING

All participants can park at the Cinema parking in the allocated Blue color-coded area.

RACE DAY PROGRAM

Be checked in at least 60 minutes before the start of the race. Registration accepted on the day.

1400 Race Check-In Opens1500 Race Check-In Closes1500 Race Starts

Prize Giving

There will be no Prize Giving on the day due to COVID restrictions.

THERE IS NO BAG DROP!



RACE PACK COLLECTION

- Race pack collection is on the day from 2 pm at the venue.
- Race numbers will also be on show on the afternoon of the race. Once you know your race number, proceed directly to your respective collection desk and collect your timing chip.
- Please go through the obstacle course map displayed next to the registration counter.
- Please have your lifejackets ready
- Once you have done that, head to the start point and wait for the race briefing.

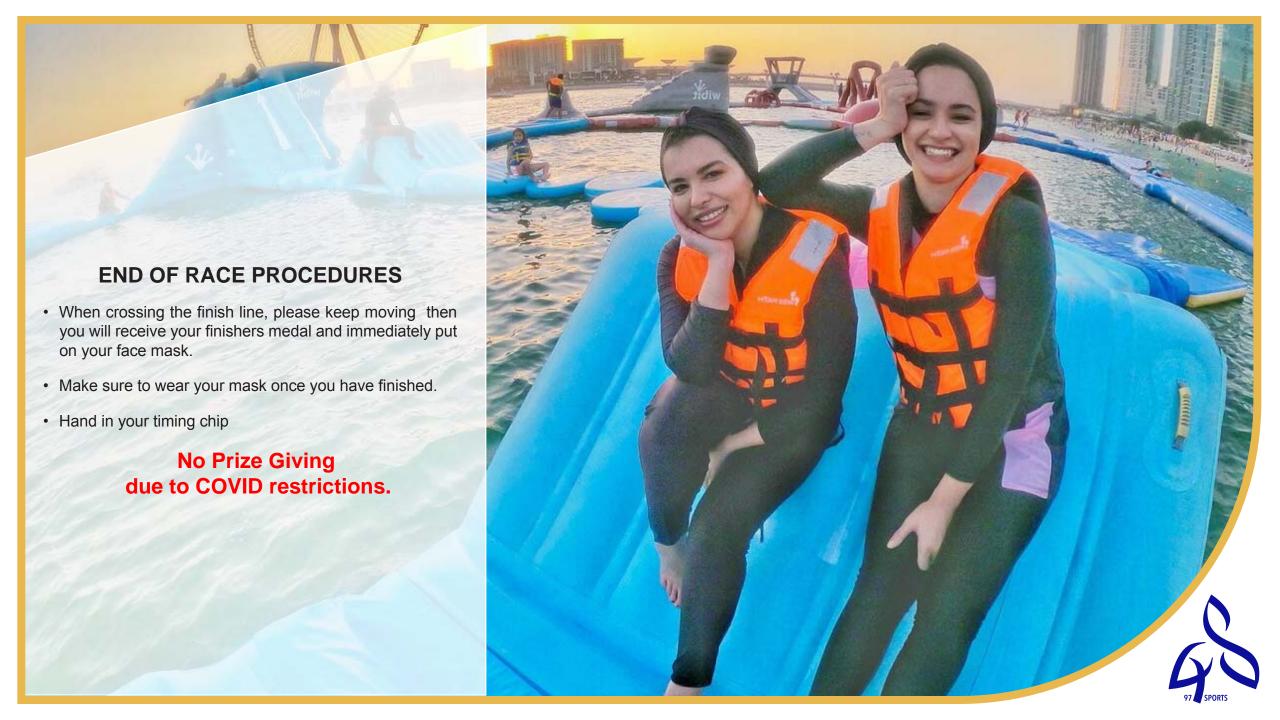




START PROCEDURES

- Please wait in the beach area till the race starts and keep your mask on until you get to the start line.
- The Start Area will be a social distanced grid of rows with 3 cones per row spaced 2m apart.
- Participants to self-seed themselves with the first 5 rows only for recognized faster swimmers.
- Once the start siren goes, all rows will slowly walk toward the start line, and only when you get to the start line will you be allowed to start swimming.
- Once you cross over the start mats your race and time will start.
- Chip times will be used for this race so that means your time will only start being recorded once you cross the timing mats.





RACE RESULTS

- Please scan the QR codes on the beach to view your result once you have finished running.
- Full results will be on the Super Sports website as soon as possible at http://www.supersportsuae.com/race-results/

PHOTOS

• Remember to smile at the cameraman, give them a smile or a thumbs up, especially when you cross the finish line.



GENERAL INFORMATION

FINISHERS MEDAL when crossing the finish line, please keep moving through the finish you will receive your finishers medal.

WATER STATIONS are at the start and at the finish line. Fruits at the finish line.

TOILETS can be found at the Meraas beach 50 m away from the venue.

Paramedic services will be on-site and in the event of any swimmers being in trouble, please inform the closest race marshal/lifeguard to call for assistance.





مستشفی فقیه الجامعی Fakeeh University Hospital









