

Dogventure Hiking

Destination

Wadi Abadilah, Fujairah, UAE

Duration

3 hours

Date

Feb 21, 2020– Friday

Overview

Wadi Abadilah is a valley or ravine, bounded by relatively steep banks, which in the rainy season becomes a watercourse.

This is a beginners level hike and suitable for all ages and fitness levels. This is an easy hike with trekking over mostly flat terrain, natural pools and mountains. Anyone with basic fitness level should be able to do it. The pools are small and you can either walk through or pass by and continue the hike.

Activities

Hiking with Dogs

Track: Average ascending and descending (perfect place to train for water based hikes and learn to maneuver on uneven ground with your dog).

Type: Round trip

Physical Level

Hiking

For Humans

- Hiking level is for “Beginners”
- No technical gear is required. Each dog must carry a fixed lead.
- Yes water activity is involved
- No rope or technical skills required.
- Good amount of fitness level is required.

For Dogs

- Hiking level is suitable for “Beginners”
- Yes water activity is involved
- The dog must be fit to walk for couple of hours.

Transportation

- Own transportation

4X4s or Sedans are all good to reach the starting point.

If you don't have either, you will need to find a ride with one of the drivers or park at the meeting point and hitch a ride./ car pool.

ITINERARY

7:30 AM : Arrive at Meeting Point. Meet & Greet.

8:00 AM : Briefing for dog owners and Vet check for dogs.

8:30 AM : Hiking starts.

12:00 PM : Finishing point and Vet check.

What to Carry

Gears List:

For Humans

- Hiking shoes with socks (ok to get wet)
- Hiking attire. Quick dry pant and Tshirt (no cotton)
- Cap or Hat
- Sunglasses
- Day bag 25L to 30L Recommended with good shoulder and waist straps to carry in the snacks, water, and personal stuff
- Hiking poles (if you have knee problems).
- Personal first AID (Advil, band aid, antiseptic, hand sanitizer, wet wipes, etc..)
- SPF 50 or more Sun cream.
- Energy bars, snacks incase you require extras (fruits and juice provided by UX)
- Minimum 3 liters of water (2L provided by UX)

For Dogs

- Poop bags
- 2L Water (very important)
- Fixed Lead (not extendable)
- Harness. Its safer for your companion and will give you the ability to carry him/her whenever required
- Dog treats, Snacks as per your dogs health
- Towel/ Wet Wipes

What UX says: (recommended)

- Trekking poles (It is recommended to use to get aquatinted with it for future and more challenging hikes. It also helps reducing pressure of your shoulders and knees).
- Hydration drinks (ELECTROLYTE DRINK, SPORTS DRINKS, HYDRATION TABLETS)
- Power bars (Protein, Amino Acids).
- Water Bladder
- Snacks / Fruits
- Extra shirt, sweater, towel, slippers - for after hike
- **NO JEANS / SANDALS ON HIKE**

For Dogs

- Make sure your dog is obedient
- The dog breed is suitable for social activities
- Dog is friendly with other dogs and humans

- Each dog must be accompanied by an owner at all times

PRICE INCLUDES

- Hiking Activity
- Qualified / Experienced English-speaking guide(s).
- First Aid.
- 30 min talks about the surviving and some hiking skills.
- Sandwiches, Fruits & water
- Photos

Excludes

- Personal expenses
- Personal Hiking Gear (Backpack, trekking pole etc).
- Transportation

Notes

- Full payment should be made 24hrs prior to trip. Non refundable.
- All services stipulated above are subject to availability at the time of booking / reservation.
- All prices are subject to change.
- The itinerary and schedule are subject to change due to weather, road condition and operating conditions. In any case the guide has the RIGHT to change the program for the safety and convenience of the travelers.
- If you are vegetarian kindly notify us 3 days in advance.

Trip Options

Available at extra cost:

- Transportation.
- Hiking gear rental.

Price

- 105/- (Including VAT) per person. Dogs go free.

Registration/Information/Payment

- **Contact:** +971 52 8844346/ info@ultimatexplorers.com