

# REGULATIONS and PRINCIPLES ULTRA TRAIL OF ANGKOR (Fifth Edition) from 18 to 19 January 2020

To avoid any misunderstanding before and during the the race, may we ask you to please take a few minutes of your time to read this document carefully.

# **COMPETITIONS:**

Besides the Ultra Trail of Angkor, 128 Km (UTA 128), we also offer five other different competitions and challenges:

- 64 km Race Angkor Bayon Trail
- 42 km Race Angkor Marathon Trail
- 32 km Race Angkor Jungle Trail
- 16 km Race Angkor Temple Run
- 16 km Race Angkor Nordic Walking
- 16 km Walk and Hike no time

These races will take place in and around the archaeological site of Angkor, in Cambodia, which is composed of a multitude of majestic temples. It was one of the capitals of the Khmer Empire from the 9<sup>th</sup> to the 15<sup>th</sup> century and since 1992, it has been listed as a World Heritage Site by UNESCO.

**An unforgettable challenge** "A worldwide event for the fifth edition" on a 400-km<sup>2</sup> track.

Runners will cross several exceptional sites dominated by mountains and temples, evolving through impressive landscapes over a vast area where rice fields, forests, villages offer panoramas of surprising diversity.

# FOUR DIFFERENT CHALLENGES AVAILABLE:

"Master Relay UTA 128" Challenge: For teams of four runners participating in the Ultra Trail of Angkor (128 Km) relay - companies/cities/regions/military and schools or other associations such as clubs, brand teams... This race will push through only if there are a minimum of seven (7) official teams registered for the event. Each Team must have four relay runners each running 32 km - The four relay runners will cross the finish line together and they should group together 3 km before the finish line.

<u>IMPORTANT:</u> In case of injury (validated by the organization) of one of the team members, the 3 members of the team will be permitted to finish the race instead of 4 members. However, the part of the relay race that was not carried-out by the injured runner must be completed by the next runner.

If the minimum quota of 7 teams is not reached, the "MASTER RELAY UTA 128" challenge will not take place and in this case, there would be no team rankings.

- > "UTA 128" Team Challenge: For teams of three to five runners (men and women or mixed of the same ranking) participating in the Angkor Ultra Trail (128 Km). The classification (ranking) is determined by adding the running times registered by each participant. The team with the shortest average time will be declared the winner. This race will push through only if there are a minimum of seven (7) official teams registered for the event.
- ➤ "DUO UTA 128" Couple Challenge: For teams of two mixed runners (men and women) participating in the Ultra Trail of Angkor (128 Km). This race will push through only if there are a minimum of seven (7) official teams registered for the event.
- "Angkor Relay 224" Team Challenge: For teams of three runners participating in three individual challenges on the program: UTA 128 Angkor Bayon Trail (64km) Angkor Jungle Trail (32 km). This race will push through only if there are a minimum of seven (7) official teams registered for the event. The classification is determined by adding the running times registered by each member. The team with the shortest average time will be declared the winner.

# Article 1: CONDITIONS OF THE PARTICIPATION & RESPONSIBILITIES

The participant will undertake one of the chosen competitions being fully aware of the details of the challenge.

The participant certifies to have the physical fitness necessary to compete in the long distance and intense race and to be perfectly prepared for his/her participation in this type of competition.

The participant certifies to be able to run the race in total independence between the two checkpoints and to face any physical or mental problem that he/she may encounter during the competition, on or outside the course in case he/she is isolated following an orientation mistake.

The participant agrees that the organization is not responsible if he/she encounters any physical or mental problem during the competition.

# Article 2: THE SIX SCHEDULED CHALLENGES

Ultra Trail of Angkor races: "UTA 128", "Angkor Bayon Trail - 64 km", "Angkor Marathon Trail - 42 km", "Angkor Jungle Trail - 32 km", "Angkor Temple Run - 16 km" and "Angkor Nordic Walking - 16 km" are events organized by the Sport Development and Performance Organization, hereafter referred to as "S.D.P.O.". The Regulations shall rule in these events and will be in effect once the participant has given his/her commitment. The participant will be a runner (individual or team) or a walker.

## Article 3: RULES TO PARTICIPATE IN THE RACE

The events are international and open to any competitor, professional runner or amateur (a medical certificate is required for everybody). These are for the following categories: hope, senior, master, men and women.

- A minimum age of 18 is required to participate in the Ultra Trail of Angkor (128 km)
- A minimum age of 18 is required to participate in the Angkor Bayon Trail (64 km)
- A minimum age of 18 is required to participate in the Angkor Marathon Trail (42 km)
- A minimum age of 18 is required to participate in the Angkor Jungle Trail (32 km)
- A minimum age of 16 is required to participate in the Angkor Temple Run (16 km)
- A minimum age of 16 is required to participate in the Angkor Nordic Walking (16 km)

For UTA 128, it is recommended that the participant has at least participated in one marathon or one trail of a distance of over 40 km in a calendar year.

# **CATEGORIES 2018**

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Hana	Causta	Mastand	Mastano	Mastana	Mastand
Hope	Senior	Master 1	Master 2	Master 3	Master 4

# This is open:

- > For Individual runners.
- > For teams of four runners participating in the "MASTER RELAY UTA 128" challenge.
- For teams of two mixed runners (men and women) participating in the "DUO UTA 128" couple challenge.
- For teams of three to five runners participating in the team challenge "Team UTA 128": is a 128 km challenge run with free pacing within a limited time.
- Ultra Trail of Angkor, 128 Km (UTA 128) is a 128 km challenge run with free pacing within a limited time.
- Angkor Bayon Trail is a 64 km challenge run with free pacing within a limited time.
- Angkor Marathon Trail is a 42 km challenge run with free pacing within a limited time.
- Angkor JungleTrail is a 32 km challenge run with free pacing within a limited time.
- Angkor Temple Run is a 16 km challenge run with free pacing within a limited time.
- Angkor Nordic Walking is a 16 km challenge walk with free pacing within a limited time (in accordance with the specific rules of the Nordic Walking).

All these competitions are organized in Cambodia, within the surroundings of the Angkor archeological site (on tracks and off-tracks). The classification will be in accordance with the principles of the challenge.

# Article 4: MAXIMUM TIME ALLOWED BY THE RACES\*\*\*

- UltraTrail of Angkor 128 km
- Angkor Bayon Trail 64 km
- > Angkor Marathon Trail 42 km
- Angkor Jungle Trail 32 km
- > Angkor Temple Run 16 km
- Angkor Nordic Walking 16 km
- ▶ 28 h about 4,57 km/h
- ▶ 12 h about 5,33 km/h
- ► 7h53 about 5,33 km/h
- ► 6h about 5,33 km/h
- ➤ 3h about 5,33 km/h
- ▶ 4h about 4km/h

Participants will have a limited time to arrive at the finish line. After the time limit, a runner will be declared "out of time" by the decision of the **S.D.P.O.** staff and he/she will be out the race. His/her bib will be removed. Once the security detail has been lifted, and the participant wishes to finish the race, he/she may do so at his/her own responsibility and will have to comply with the traffic laws. **S.D.P.O.** will not be held accountable in case of an accident.

#### Article 5:

In addition to the sporty aspect, these challenges aim to establish a friendly and respectful relationship between all the participants either runners or walkers, and on the other hand, to experience a cultural discovery of Cambodia and its people. The participants must respect this spirit which is the basis of the foundation of the **Sport Development and Performance Organization**.

Only running and walking will be permitted.

# Article 6: CONDITIONS FOR INDIVIDUAL ENTRIES

To register, the participant must complete a registration form provided for this purpose and send it to **S.D.P.O.** along with the registration fee, according to the Regulations.

The registration is personal. It cannot be exchanged or transferred.

This registration gives the right to a bib number.

The total price of the registration for the events is:

Ultra Trail of Angkor (UTA 128) : 165 Euros Angkor Bayon Trail (64 km) 97 Euros Angkor Marathon Trail (42km) : 87 Euros Angkor Jungle Trail (32km) : 77 Euros AngkorTemple Run (16km) 60 Euros Angkor Nordic Walking (16 km) : 60 Euros Walk and Wike (16 km) 50 euros

## Article 6bis:

For registration in the different challenges, the list of participants must be communicated by specifying the name of the challenge in which they will participate. The price will be calculated on an individual basis according to the selected challenge.

- "UTA 128"Team Challenge
- "DUO UTA 128" Couple Challenge
- "Angkor 224" Team Challenge

# "MASTER RELAY UTA 128" Challenge (32 km X 4 relay members)

Registrations are individual and must specify "MASTER RELAY UTA 128" on the form. The team price is the sum of all the individual runners.

# Article 7: INSURANCE

The registration fee does not include - The race assistance/repatriation insurance\* (cancellation, health and repatriation insurance).

\*For the security of the participants, **S.D.P.O**. highly recommends that they purchase a "race assistance/repatriation" insurance covering their participation in the Ultra Trail of Angkor Competition (running or walking) for 16, 32, 64, 42 or 128 km in the Cambodian territory from the 18<sup>th</sup> to 19<sup>th</sup> January 2020.

# Article 7bis: Responsibilities of the Runners or Walkers

If the participants fail to purchase a race assistance/repatriation insurance, they are obliged to provide an advance payment to cover the necessary funds on site corresponding to the cost of the first aid treatments and the cost of the primary transportation.

Likewise, they become solely responsible for the implementation of the medical procedures after the event and will personally take care of the medical claims from their insurance company.

It is also the sole responsibility of the participants to arrange and present their case to their personal insurance company before its deadline.

## Article 8: MEDICAL ASSISTANCE

The medical team will be present at the race path for the duration of the event and is able, at any time, to stop any competitor unfit to continue the race.

**Note:** In case of physical failure, if a competitor has a pain, the competitor will not be allowed to resume the race and will be declared "abandoned".

The responsibility of **S.D.P.O.** will be released after the abandonment or disqualification of the racer.

## Article 9: REGISTRATION

Registration will not be final unless the full amount of the registration fee is paid to **S.D.P.O.** according to the payment terms specified in the registration form. The payment may either be by cheque, bank transfer or credit card online payment.

Different payments are proposed:

- For payment by cheque, it must be made under the name of S.D.P.O.
- For payment by bank transfer, the participant should contact the organization to get the organization's bank account details.
- Credit card
- Paypal

The participant who wants to participate in this competition should send his/her commitment to:

- French Representative: Sport Développement et Performance Organisation, 16 rue Jean Cocteau, 95350 Saint Brice Sous Foret, FRANCE.
- > English Representative: PHOENIX Voyages, please contact: ultratrail@phoenixvoyages.com

**S.D.P.O.** would like to draw your attention to the fact that the participation in the competition is effective only once the registration fee for the selected challenge has been received by **S.D.P.O.** 

A participant who has not paid his/her registration fee on the due date will be considered to have withdrawn his/her participation in the selected challenge.

The validation of the registration also requires the prerequisite of a medical certificate or discharge.

# Article 10: MEDICAL CERTIFICATE\*

Participation in the races is subject to the presentation of a valid license proving the possession of a medical certificate that authorises the participant to the competitive practice according to the corresponding Regulation "able to participate in the competition running" or "no contra indication for the competition running".

For runners who do not have a license, they must present a medical certificate or a copy issued no later than January 18<sup>th</sup> 2020 and dated less than one year from the event (preferably by a sport specialized doctor). **Only the organization's medical form will be accepted** 

\* In case of non-presentation of the medical certificate and to avoid being disqualified, the competitor agrees to sign a discharge « Renonciation et exonération de responsabilité » and becomes solely responsible in case of physical problems that he/she may encounter during the race.

# Article 11: DISCLAIMER

In case of cancellation after the registration, a cancellation fee will apply as soon as the registration has been processed according to the expenses incurred with a minimum of 60 Euros per person (applicable only for the registration to the Ultra Trail of Angkor and Angkor Bayon Trail).

There will be no refund for the Angkor Marathon Trail, Angkor Jungle Trail, Angkor Temple Run or Angkor Nordic Walking.

In case of cancellation on or before October 20<sup>th</sup> 2019, the registration fee of the competitor will be refunded, minus the fees mentioned above.

After October 20<sup>th</sup> 2019, no refund will be possible.

Each participant should take an appropriate cancellation insurance at his own expense.

- > If the participant change a bib number for a "shorter" race, there will be no refund.
- If the participant change a bib number for a "longer" race, an extra charge will be imposed.

In case of a "no show" at the race at the appointed time and at the starting line, as well as forgetting the bib number, there will be NO refund whatsoever.

The disclaimer concerning the withdrawal of the participant, as stated in this Regulation, is at the participant's own initiative.

The cancellation of the participant in the competition should be communicated to the organization by a registered letter with acknowledgment of receipt, and post office stamp is compulsory. No cancellation can be made by telephone, fax or e-mail.

#### Article 11 bis:

In the event that the competition would be cancelled at the initiative of S.D.P.O., due to external force majeure and beyond its control, S.D.P.O. agrees to refund the participant within the limits of the costs already incurred in organizing the competition.

#### Article 11 ter:

**Force Majeure:** It means any event beyond the parties' disposition in the unpredictable and insurmountable faith that prevents the organizer or service providers involved in the realization of the race to perform all or part of the obligations under this Regulation.

By clear agreement, it will be particularly so: strikes on transportation, hotel staff, air traffic controllers, insurgence, riot or any kind of prohibition enacted by the government or public authorities.

However, if the participant cancels his/her registration at his/her own initiative before any official cancellation of the event by **S.D.P.O**., the present Regulation will apply and refund terms will be according to the disclaimer of the participant. No full refund will be granted and shall not be required, even if the event is cancelled thereafter.

# Article 12: MEETING TIME

The meeting time for the race must be respected. Latecomers are subject to the inconveniences that may result from their lack of accuracy and without compensation or reimbursement from **S.D.P.O.** 

The competitors must be at the starting line at least 30 minutes before the race time\* to attend the pre-race briefing.

\* or have a pre-race briefing at the Elephant Terrace

In case of delay at the starting line, the competitor will have 30 minutes after the official departure to take part in the race. His/her delay will not, however, be deducted from his/her time at the finish point. Beyond 30 minutes, the competitor will not be classified and will, in fact, be declared disqualified. Nevertheless, if he/she decides to start on the course, it will be at his/her own risk and will not be able to claim any support whatsoever from the organization.

**S.D.P.O** cannot be held responsible for any delay in the arrival of the participant by air, rail or land which would result in the failure to present the runner or walker at the starting line, for any reason whatsoever, even if the delay is due to force majeure, an accident case or due to a third party.

In case of voluntary abandonment of the participant or abandonment for medical reasons during the event, there will be no refund from **S.D.P.O.** 

## Article 13:

**S.D.P.O** reserves the right to refuse any registration of the participant without a given reason.

Notwithstanding, **S.D.P.O.** disclaims any liability for the discharge of the participant upon leaving his/her country of origin or entering Cambodia for administrative reasons, such as lack of visa, passport expired etc. No refund will be possible.

## Article 13 bis:

Foreign nationals must inquire with the Cambodian Consulate or Embassy in their country concerning the formalities necessary for their entry into the country.

# Article 14: SCHEDULE OF EVENT

All the events will be held on a single day with staggered schedules.

The running of the competition is planned:

On Saturday, 18 January at 4.00\* am for the **Ultra Trail of Angkor, 128 Km** (UTA 128)

On Saturday, 18 January at 4.00\* am for the **Angkor Bayon Trail** (64 km)

On Saturday, 18 January at 6.00\* am for the **Angkor Marathon Trail** (42 km)

On Saturday, 18 January at 7.00\* am for the **Angkor Jungle Trail** (32 km)

On Saturday, 18 January at 8.30\* am for **Angkor Temple Run** (16 km)

On Saturday, 18 January at 8.30\* am for **Angkor Nordic Walking** (16 km)

On Saturday, 18 January at 8.30\* am for **Walk and Hike** (16 km)

\* **S.D.P.O**. draws your attention to these programmed schedules which can be modified according to certain requirements.

The detailed program will be fixed by **S.D.P.O** by the end of **October 2019**. However, **S.D.P.O** reserves the right to amend the Program of the Races if unforeseen circumstances or circumstances beyond its control require to do so.

# Article 15:

During the course of the event, **S.D.P.O.** has the absolute right to withdraw the participant from the race if he/she did not comply with the Regulation. Similarly, the medical staff has the absolute right to withdraw a participant from the race if deemed necessary for safety reasons.

**S.D.P.O.** and the medical team cannot be held responsible in case of physical failure or injury of a competitor who agrees to participate in this event under his own responsibility.

A participant who will be disqualified should immediately return the bib number to the judge who has declared his/her disqualification.

A participant who, despite the disqualification by the organization, decides to continue the challenge would be fully responsible and in total autonomy. However, he/she will not be able to benefit from the services offered by the organization (supplies, medical services, etc.).

# Article 15 bis

In case of abandonment, for better security and in order to avoid unnecessary search in the Angkor site, the participant is obliged to warn the PC course of his/her withdrawal from the race and must come to restore the chip of timing.

# Article 16: BIBS

The bibs and chip will be provided on Thursday, January 16<sup>th</sup> (from 10 am to 7 pm) and Friday, January 17<sup>th</sup> 2020 (from 9 am until 6 pm). The place to take the bib number will be later communicated with the participants.

A deposit can be required for the chip number and will be refunded upon returning the chip number after the race.



# **EQUIPMENT:**

# **ULTRA TRAIL OF ANGKOR: Mandatory Equipment**

iniminani capacity of 1.0	UTA 128 / Angkor Bayon Trail	1 whistle	UTA 128
3,	UTA 128 Angkor Bayon Trail	Armband retro reflective (or reflective strips on the bag)	UTA 128 / Angkor Bayon Trail 64 km
Cap or its equivalent	UTA 128 Races : 64, 42, 32, and 16 km Nordic Walking	1 cell phone with charged battery	UTA 128
Headlamp with spare batteries	UTA 128 – Bayon Trail 64	Nordic walking stick	Nordic Walking
Survival blanket	UTA 128	Visible identification card with phone numbers to call in case of emergency	UTA 128 Races : 64,42, 32 and 16 km Nordic Walking

The participant must ensure to start with this mandatory equipment. In case of default, the participant may be disqualified from participating in the event. He/She must retain all the mandatory equipment throughout the race.

A first aid kit to treat minor wounds (disinfectant + plasters + sterilized dressings - pre-cut gauze compresses 5 x 5 cm + double skin plasters) is recommended.

**IMPORTANT:** At any time before the start of the race, **S.D.P.O**. may have to, based on the weather, modify or change the route or impose "additional" equipment or clothing.

# CHECKING OF BAGS DURING THE RACE

For security purposes, it is the responsibility of everyone to respect and carry the contents of the mandatory equipment recommended by the organization. AT ANY TIME, a member of the organization can control the content and any breach will result to a penalty according to the rule below.

# PLACE OF BIB

The race bib is individual and must be permanently visible on the front of the chest or the stomach, whatever the weather and clothing equipment may be.

**Important**: **S.D.P.O.** cannot be held responsible in case of problems at the race if a person participates in the event with a race number that does not belong to him/her.

Failure Penalty Board						
Absence of the minimum water reserve (1.5L UTA - 1L Angkor BayonTrail)	Penalty 3h	Nordic walking stick	Penalty 2h			
Gels and energy bars or nutritional products	Penalty 2h	Non visible Bib Warning 1h then penalty if the racer refuses to submit	Warning and then 1h penalty			
Cap or its equivalent	Penalty 1h	*Non-support to a person in difficulty	Exclusion			
Headlamp with spare batteries	Donotty 1b		Penalty 1h			
Survival blanket	Penalty 1h	Cheating by taking a major shortcut	Exclusion			
1 whistle	Penalty 1h	Failure at the checkpoint	Penalty 2h			
Armband retro reflective (or reflective strips on the bag)	Penalty 1h	Non-respect for nature by throwing rubbish out of the demarcated areas	Penalty 1h			
Cell phone with charged battery	Penalty 1h					

<sup>\*</sup> Non-support. For assistance to another competitor, the time spent with the runners, until the help arrives, will be deducted from the final timing. This time will be communicated to the organization by the participant. The deducted time will be defined by the organization between the time of the call-out and the time on-site.

# DISQUALIFICATION

- Non-compliance with the Regulation.
- Race bag control refusal.
- Cheating by using a way of transportation other than walking or running.
- Refusal to comply with all the orders issued by a race official commissary or a doctor or a medical member.
- Missed the checkpoint: the first one will be a 2-hour penalty, the second one will be disqualiflication.

# AREAS OF SUPPLY AND CONTROL

Additional points of control which will not be disclosed to the competitors will be set up along the route to ensure that the participants will use entirely the planned route. Going through these points is just as obligatory as those announced by the organization.

## Scheduled area:

- ➤ Every 5 km\* for: Angkor Marathon Trail (42km), Angkor Temple Run (16km), Angkor Jungle Trail (32km) and the Angkor Nordic Walking (16 km).
- ➤ Every10 km\*\* for: UTA 128 and Angkor Bayon Trail (64km) and it will also be modulated by the difficulties of the course (with provision of water only).
- every 30 km (with provision of water and solid food).
- > mid-term for Ultra Trail of Angkor (with more hot and cold consisting of refuelling).
- mid-term for Ultra Trail of Angkor (life base with rest area, medical supplies and to change).
- \* According to the difficulties of the course, an additional supply could be established

# **MARKINGS**

Fluorescent tagging visible day and night - flag - markings on the road.

Particular attention will be given to all the changes of direction.

In all cases, the maximum space between the two tags is 200m. So if a participant run through more than 400m without seeing a tag that means he/she is on the wrong path!

 It is imperative to follow the markings of the race that S.D.P.O. and the Cambodian staff have marked <u>without cutting</u> - All runners and walkers must respect all the signs of the path or they will be penalized or disqualified.

# SAFETY AND LIABILITY

The participant must comply with the directions of **S.D.P.O** at any time during the course of the event. Nevertheless, it is understood that during the race, the participant must follow the rules of the country (specific road safety) and assume the sole responsibility for race conducted on non-marked trails. In addition, the participant must also respect the local customs and the environment.

S.D.P.O assumes no liability for non-compliance sanctioned by the local authorities.

# PARTICIPANT'S OUTFIT

For Runners registered in the "MASTER RELAY UTA 128" challenge, the team must wear the official T-Shirt of their team, but they will be required to include the logo of the Ultra Trail of Angkor (UTA 128) on the T-shirt of their team.

For Runners participating in the "Team UTA 128" challenge, the team must wear the official T-shirt of their team, but will be required to include the logo of the Ultra Trail of Angkor (UTA 128) on the T-shirt of their team.

For Runners participating in the "DUO UTA 128" challenge, the couple can wear their own T-shirt, but will be required to include the logo of the Ultra Trail of Angkor (UTA 128) on their personal T-shirt.

For Runners registered in the "ANGKOR 224" challenge, the team must wear the official T-Shirt of their team, but they will be required to include the logo of the Ultra Trail of Angkor (UTA 128) on the T- shirt of their team.

## Article 18:

**S.D.P.O.** allows the participant to use the official logo of the Ultra Trail of Angkor on his/her own created race T-shirt. In this case, the event logo will have to be visible on the front of the T-shirt in **mini** size of 100 X 100 mm.

If required to wear a T-shirt specific for the participation in the team challenge "MASTER UTA 128", Team UTA 128 (Equipe UTA 128) and couple challenge Duo UTA 28, the participant will be allowed to use his/her own T-shirt in the race, however, the official logo of the event is mandatory and must be present and visible on the front of the T-shirt in mini size of 100 X 100 mm.

## Article 19:

It is clarified that the Technical Official T-shirt will be distributed in Cambodia.

**S.D.P.O.** can have additional technical race T-shirts available to the participants. (Size S, M, L, XL) - **The unit price will be announced later.** 

## Article 20:

During the course of the event, it is understood that in case of a dispute between the participant and **S.D.P.O.**, the decision once taken is final.

# **TIMING**

Directed by the computer.

## **ABANDONMENT**

Will be judged ABANDONMENT, if any participant has been stopped for medical purpose or has exceeded the time limit at a checkpoint.

To withdraw from a race, the competitor must absolutely inform the organizing committee as soon as possible.

# JURY OF THE RACE

The jury members are:

- President of S.D.P.O.
- Race Management
- The chronometer races' manager.

The supervision of all competitions will be done by **S.D.P.O.**, including the starting and ending points with timing and record of the bibs.

The jury of the races is the only one able to manage any claims made by the participants during the competition.

# **HALF AUTONOMY**

The competitor is fully aware that he/she will be fully independent between two refreshment stations and he/she will be able to make decisions and to act alone (without assistance), in case of problems to reach the nearest checkpoint. For this, each competitor must have, throughout the duration of the event, its mandatory equipment.

For the duration of the event, the competitor is prohibited to be assisted outside the official refreshment

zones (except in emergency case).

For the duration of the event, it is forbidden for the competitor to be accompanied by a third party (bicycle or other support even for only a few kilometres).

# Article 21: RANKING

The final classification will be final after the meeting of the officials of **S.D.P.O**. All the runners and walkers classified will be rewarded.

No claim will be taken into account an hour after the official end of the event.

However, **S.D.P.O.** reserves the right not to present the trophy of the challenge to any participant who is absent during the awarding ceremony, except in case of absence for medical reasons (according to the doctors of the organization). No trophy will be awarded out of the ceremony and the participant who has not been present cannot claim his/her award later.

The timing of the organization will be the only reference.

At the end of each competition, **S.D.P.O.** will announce the **racers' classification**.

The final classification, in general and by category for the races of 64, 42, 32, 16 Km and Nordic Walking, will be announced on Saturday January 18<sup>th</sup> after the closure of each event.

The awards for the races of 64, 42, 32, 16 Km and Nordic Walking will be presented on Saturday, January 18<sup>th</sup> at 12h 00 (place Elephants Terrace)

• Depending on the number of Nordic walkers engaged, there might be only one general ranking (first 3 men and first 3 women).

The awards for the first runners for the race UTA 128 will be presented on Sunday, January 19<sup>th</sup> at 11h am (Hotel Paradise Angkor)

During the closing ceremony, the participants' attendance is mandatory. If case of absence, no trophy or reward will be given later.

Article 21bis: Classification of the Ultra Trail of Angkor Challenges

A team participating in the "MASTER UTA 128" challenge can only be classified if all the four team members have crossed the finish line together. The grouping of the four team members will be 3 Km before the finish line.

In case of injury (validated by the organization) of any member of the team, 3 runners instead of 4 will be permitted to finish the race. However, the part of the relay race not carried-out by the injured runner must be completed by the next runner.

The relay passing areas will be chosen by the organisation. These will be the only places where the relay switch can take place. Any switch made somewhere else would disqualify the whole team.

#### **EXEMPTION**

If a runner engaged in the team challenge "MASTER RELAY UTA 128" did not start his/her own relay, the previous team member will have to run the whole two 32 km relays by himself/herself. The challenge will only be validated if 3 out of 4 team members, no less, pass the finish line.

# "UTA 128" Team Challenge

A team of three to five runners participating in the Ultra Trail of Angkor (128 Km) - (teams of men and women or mixed of the same ranking) can only be classifed if three runners have crossed the finish line. The ranking is done by adding the running times of each participant. The team with the shortest average time will be declared the winner.

# "DUO UTA 128" Couple Challenge

A team participating in the "DUO UTA 128" couple challenge can only be classified if the two team members have crossed the finish line. Classification will be done by adding the running times of the two participants.

# "ANGKOR RELAY 224" Team Challenge

A team participating in the "Angkor Relay 224" challenge can only be classified if the three team members have crossed the finish line in their respective events. Classification will be done by adding the running times registered by each member for the challenge - **UTA 128 - Angkor Bayon Trail - Angkor Jungle Trail**.

The team who will have less time will be declared the winner.

# Article 22: AWARDING CEREMONY - The top winners (male/home)

- Each competitor will receive a trophy (medal) matching with his/her race.
- The top 5 finishers in each event (H & F) will be awarded: Angkor Nordic Walking, Temple Run, Jungle Trail and Marathon Trail, Angkor Bayon Trail, Angkor Ultra Trail. Are not rewarded the age categories, only the ranking scratch.
- For the Ultra Trail of Angkor, a jersey "Finisher 2020"
- For the Bayon Trail of Angkor, a jersey "Finisher 2020"
- For the Marathon Trail of Angkor, a jersey "Finisher 2020"
- For the podium by couple DUO UTA 128: Trophy for the first three couples
- For the Podium by team MASTER UTA 128 Challenge: Trophy for the first three teams
- For the podium by team Angkor Relay 224 Challenge: Trophy for the first three teams

**S.D.P.O.**, the organizer of the event, reserves the right, if necessary, to make changes on the Principles of the race. In this case, **S.D.P.O.** will inform the participants of the possible changes.

#### Article 23: MEDIA AND IMAGE RIGHTS

The official media coverage of the different challenges on the program will be borne by **S.D.P.O.** before, during or after the competition.

The participant agrees, with his/her commitment to the fact that **S.D.P.O.** has the exclusive right to the individual and collective images and name of everything about the media coverage of **S.D.P.O.** and **UTA 128**, as well as the events organized beside this event (commercial use included). So the participant waives any claim against **S.D.P.O.** 

S.D.P.O. reserves all the exclusive rights for commercial use of the images of Ultra Trail of Angkor.

Any photograph/s, video/s or film/s taken during the event will be used by the participant or the person accompanying for their private use only and therefore cannot be used for commercial purposes.

For any other professional media (film/s or documentary) for sale or for commercial purposes, a written request must be submitted to **S.D.P.O**.

Accordingly, any film project/s or report/s, whatever its duration, should have a prior agreement of **S.D.P.O**.

## Article 24:

The logos and the name of the Ultra Trail of Angkor (or l'Ultra Trail d'Angkor) and **S.D.P.O** are registered trademarks. Therefore, it follows that the use of the logos and the name of the Ultra Trail of Angkor and **S.D.P.O** are for the exclusive use of the **runner/walker's participation in the event**.

To have the official logo of the event, participant agrees not to use it for commercial purposes. Otherwise, the participant would engage its liability for the use of these logos and the name, without prior agreement of **S.D.P.O.** 

**S.D.P.O.** reserves the right to refuse participation in the UTA 128, Angkor Bayon Trail (64 km), Angkor Marathon Trail (42 km), Angkor Jungle Trail (32 km), Angkor Temple Run (16 km) and Nordic Walking Angkor (16 km), of any person not complying with this Regulation.

# Article 25:

This Regulation and Principles are subject to change under the control of the organization and the finalization of the different paths. Only the version on the date of the competition is valid and shall prevail in case of dispute of any nature whatsoever.



All the races will take place in and on the outskirts of the archaeological site of Angkor, a UNESCO World Heritage Site. This implies more than elsewhere to respect all the sites available for the events. The competitors agree to respect all instructions of cleanliness and good manners given by the race organization, in the deepest respect for the environment and protection of the architectural heritage.

• In order to promote the interaction with the local population, to the extent possible and within our organization, **S.D.P.O.** will ensure to work at the different areas of the race with the local inhabitants from the surrounding towns and villages.

# **ENVIRONMENT AND SUSTAINABLE DEVELOPMENT**



# **Respect for Nature**

For over 20 years, S.D.P.O. remains to be an example to the world of running. For this, we have always required the runners to be respectful towards nature and protected areas. To throw the empty bottles or rubbish (wrappers of energy gels), there are lots of trash bags available at the supplies area. After these defined areas, any runner seen throwing his/her rubbish on the course will be penalized. These trash bags must always be used.

# IF we ran OR walked FOR A GOOD CAUSE:





**Special runners:** To participate in the <u>individual subscription</u>, simply donate a minimum of 15 euros or more.

The funds raised will be donated entirely to the Cambodian villages. **We encourage you to join this solidarity.** 

This subscription to the Mr. RED NOSE Association is not at all mandatory.

# ACCEPTANCE OF THE RULES AND PRINCIPLES OF THE RACE

I have read the Rules and Principles of the race(s) and I agree with its terms and conditions.

The participation in the Ultra Trail of Angkor, or one of the five other chosen challenges brings about the unconditional acceptance of this Regulation.



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