

### 14 DECEMBER 2018

# ALL YOU NEED TO KNOW!

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f Spinneys Dubai 92 Cycle Challenge



### PLAN YOUR JOURNEY TO 92!

The Spinneys Dubai 92 Cycle Challenge 2018 is just around the corner. Taking place on 14th December, here is 'All You Need to Know'!

### PRE EVENT

### RACE PACK COLLECTION TIMES:

The event Race Pack collection point will be in the Dubai Autodrome Grandstand (beside Emirates NBD) <u>CLICK HERE</u> for the location.

To collect your timing chip you must leave a AED150 CASH deposit which will be returned to you when your return your chip after the ride.

#### Race Pack collection times for all riders:

 5 Tuesday Dec. 11th:
 12.00pm - 9.00pm

 5 Wednesday Dec 12th:
 12.00pm - 9.00pm

 5 Thursday Dec 13th:
 12.00pm - 9.00pm

<u>PLEASE NOTE</u>: Race Pack collection on Friday will only be for Non Dubai Residents.

Non Dubai Residents Race Pack collection time: Friday 15th: 4.45am - 5.30am\*

If your event pack is being collected by another person, you must provide the collector with a printout of your confirmation email / receipt, a copy of your ID and AED150 CASH deposit for your timing chip.

If you have registered for the Elite category you need to show your UCI license when collecting your chip. If you do not present your licence when collecting your chip we reserve the rights to disqualify you from the race.

\*no goody bags will be available

### **YOUR RACE PACK:**

You will receive your Race Pack and goody bag during collection. Your Race Pack contains:

Race Bib: Bibs should be worn on your back.

#### **REMEMBER NO NUMBER = NO RIDE**

Timing Chip: ALL timing chips are ProChips. The chip must be fixed to the front fork of your bicycle. If the chip is placed anywhere else (e.g. on the wrist, handle bars, seat or any other place) your time will NOT be recorded. For instructions on how to put on your chip onto your bike <u>CLICK HERE</u>.

<u>Cycle Challenge Jerseys</u>: If you have ordered a jersey you will receive it during Race Pack collection

#### NEW FOR THIS YEAR

<u>Timing System</u>: In previous years we've used a passive timing system (MyLaps ChampionChip). However, due to the increased (Bluetooth) technologies on bikes, and the subsequent interference with timing systems, we have moved to an active timing system - MyLaps ProChip.

To ensure timing and results are as accurate as possible, we are going to be using ProChips for the 92km Cycle Challenge. ProChips are 99% accurate and the technology is similar to that used in Formula 1 cars.

## Ready to Ride? All You Need to Know for your 92km morning Ride!

### **EVENT MORNING**

### LET'S START WITH A FEW BIKE AND SAFETY RULES:

- Only registered riders can participate
- No number = no ride
- No helmet = no ride
- No tri bars or aero bars (UCI regulations)

### **PARKING:**

We request that all cyclists arrive by 5.00am. There are two car parks for cyclists located beside the Dubai Autodrome parking.

Click <u>HERE</u> for the parking location.

Parking for the Cycle Challenge is located next to the Dubai Autodrome and Emirates NBD in the sand lot. There is additional parking opposite Detroit House.

### **SPEED:**

Remember there is a minimum speed to complete the 92km Cycle Challenge of 26km per hour!

And a maximum speed of 30km per hour on the 53 Cycle Challenge.

### IN CASE OF AN EMERGENCY: CALL: 056 211 4374

Please quote your location, approximate km, and any notable points around you.

### **START ZONES:**

All cyclists have been assigned a start zone indicating their starting ground, their starting group and their starting time. Your start zone is located on your bib, your race number is prefixed with a letter, the letter indicates where your start zone is located.

The start zones are located on the Autodrome track in the start grid. The zones begin at the front of the start grid and work their way back.

The Gran Fondo, 92km, 53km Cycle Challenges will be measured on the Gun Time – from the time the rider crosses the starting mats.

#### **CUT OFF TIMES:**

7.05am: Al Asayel Street to Garn Al Sabkha St – 19km

7.55: Hessa Street Junction with Turin Boulevard – 39km

8.25: SHK Zayed Bin Hamdan Al Nayhan Junction with Hessa St (North East) – 53km 9.05: SHK Zayed Bin Hamdan Al Nayhan -Global Village Off Ramp (South West) – 78km

### THE COURSE

### SEEDING PLACEMENT:

- If you would like to change your seeding, you can only move down a zone (and start later).
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- If a cyclists moves up a zone it will result in DQF (Disqualification). E.g. if a cyclist is seeded in zone B and would like to change their zone, they may ride in C or D etc...but not A.
- If on the day of the Cycle Challenge, you would like to change from the 92km ride to the 53km ride you are able to do so. You will need to start in 'Seed S'. However, a 53km rider may not switch to a 92km distance.
- As we start at 6am and the glorious Dubai sun has not quiet risen we suggest having a light on your bike.
- Riders should be in their start zone by 5.30am
- Positions within each start zone are on a first-come-first-served basis.
   The Spinneys Dubai 92 Cycle Challenge starts at 6am sharp.

#### **SUPPORT CARS:**

Support cars will follow the last riders. If you decide to retire from the ride, flag down one of these vehicles. Only once the vehicle is full will it return to the Dubai Autodrome.

Personal support and seconding drivers are NOT permitted. Anyone seen using an unauthorized vehicle on the course will be immediately disqualified. Should your team need accreditation for an official vehicle please email the Cycle Challenge Event Director on info@cyclechallenge.ae

### CYCLE CHALLENGE COURSE:

The start of the Cycle Challenge is on the track at the Dubai Autodrome in Motor City, it is located on the main straight of the Dubai Autodrome. When cyclists exit the track at the Dubai Autodrome they will be led by the lead car and Dubai Police.

A downloadable map of the route is available on the Cycle Challenge website <u>www.cyclechallenge.ae</u> and on the Spinneys Dubai 92 Cycle Challenge Facebook page.

The exit to and from the Dubai Autodrome to the main street is road width and narrower than the Dubai Autodrome race course, we suggest slowing at this point to remain safe.

### HOT SPOTS:

Please invite all your friends and family to come out and support the cyclists. Everyone is welcome to join us at the cycle village at the Dubai Autodrome and enjoy the refreshments on offer.

#### **MECHANICAL SUPPORT:**

Thanks to <u>Revolution Cycles Dubai</u> who will be on-site with basic mechanical support.

Please click <u>here</u> for the route map and cut off times. A reminder you must be traveling at minimum average of 26km per hour to complete the Spinneys Dubai 92 Cycle Challenge.

## THE VILLAGE

### THE CYCLE VILLAGE:

The Cycle Village will have a number of different vendors and activities to keep cyclists and non-cyclists entertained before, during, and after the Cycle Challenge.

There will be water, food, rest areas, and Cycle Challenge sponsors at the village. There will also be a chance to WIN lots of prizes.

Toilets and changing rooms are located at the Dubai Autodrome and the portable toilets are located near the race village.

There will be the Mini Challenge from 7.30am for all children aged 2-5. This ride is free and children start when they arrive .All receive participation certificates and helmets and bikes provided.

Revolution Cycles Dubai will have a tent in the Cycle Village to assist with minor bicycle issues/small problems.

PLEASE DO NOT ARRIVE AND ANTICIPATE A FULL SERVICE. THIS WILL NOT BE POSSIBLE.

#### THE BIKE PARK:

The Cycle Village is a NO Bike Area. There are bike racks for cyclists to park their bikes.

Please note: All bikes are left at owners own risk. Organisers accept no responsibility or liability for loss, theft or damage of any bicycle or component left in the Cycle Village area or on bike racks.

#### **RESULTS:**

Preliminary results are published after the ride.

Any queries regarding time and results must be made before 12 midday on Sunday 16<sup>th</sup> December, when the final results will be published.

The results can be located at: <u>https://www.hopasports.com/en/event/spinne</u> ys-dubai-92-cycle-challenge/results

### REFRESHMENT STATIONS:

There will be three refreshment stations on the 92km course. All stations will have water, toilets and food available:

• 31 km, 40km, 85km

There will also be refreshment at the Dubai Autodrome.

A complimentary breakfast will be provided by Spinneys for all the cyclists at the Cycle Village after the 92km challenge.

#### TIMES:

The Presentations will be at 10.30am.

- Spinneys Dubai 92 First Under 18
- Spinneys Dubai 92 First Female
- Spinneys Dubai 92 First Male
- Dubai First UCI Gran Fondo FEMALE 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> each age group
- Dubai First UCI Gran Fondo MALE 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> each age group

### THINGS TO WATCH OUT FOR:

<u>Other riders</u>: Keep a mindful eye on what is happening around you and remember to signal your intentions.

<u>Road conditions</u>: Conditions are generally fantastic but a pump and spare tube are essential on the challenge. The weather can be unpredictable this time of year so keep an eye out for puddles and standing water.

<u>Road obstructions</u>: The Dubai roads are generally pristine however there are a few bumps and storm water grates that you need to keep an eye out for, remember to call out obstacles when riding in a bunch.

<u>Exit</u>: The exit to and from the Dubai Autodrome to the main street is road width and narrower than the Dubai Autodrome race course, we suggest slowing at this point to remain safe.

<u>Visibility</u>: As we start at 6am and the glorious Dubai sun has not quiet risen we suggest having a light on your bike.

<u>Note</u>: When registering for the Cycle Challenge, each rider has agreed to the event waiver and rules. Copies of the waiver can be found on the event registration page on <u>Hopasports.com</u>

Cyclists who have registered in the Gran Fondo and finish in the top 25% of their age group will be able to collect their medals from Revolution Cycles Dubai, Motor City from the 17th of December.

To win the Spinneys Dubai 92 Cycle Challenge, you must have either a UCI license or you must have taken part in The UCI sanctioned event (Dubai First UCI Gran Fondo)

# Thanks to all our Sponsors of the Spinneys Dubai 92 Cycle Challenge

