

## RIDE AJMAN جولة عجمان للدراجات 2018

# 115km and 58km Races

















## Plan Your Ride



Congratulations on being part of Ride Ajman Race taking place on Friday 13<sup>th</sup> April 2018. Here are a few things you need to know in order for you to get the most out of the day.

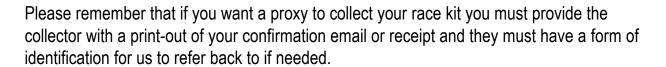
#### Let's start with a few bike and safety rules:

- Only registered riders can participate
- No number = no ride
- No helmet = no ride
- No tri bars or aero bars (UCI regulations)

#### **Race Kit Collection**

The timings for the collection:

- Wednesday,11<sup>th</sup> April, 12.00pm -7.00pm at Revolution Cycles, Dubai
- Thursday, 12th April, 3.00pm 9.00pm at Fairmont, Ajman
- Friday, 13<sup>th</sup> April, 5.00am 5.30am at Ride Ajman Village (Marina 1, Ajman)



**Note:** If you registered before 9<sup>th</sup> April, your race pack will be ready for collection from Wednesday 11<sup>th</sup> April. Any riders registered after 9<sup>th</sup> April will be able to collect their race pack from the Race Village on Friday morning.

#### The Race Kit

Your race kit contains the following items.

Timing Chip - all timing chips are ProChips.

This must be fixed to your front wheel hub using the dedicated bike clip/spacer. If the chip is placed anywhere else (e.g. on the wrist, handle bars, seat or any other place) the time will not be recorded.

If you have purchased your personal (red) ProChip timing tag, kindly ensure that you have activated your chip online.

There is a AED150 fee for replacement timing chips. Only return your chip to the Hopasports timing company.

Your Bib Number. Make sure that you clearly pin the number on your back.

Note: To receive a medal, goody bag and breakfast wristband, you must return your chip

No Chip = No Time No Number = No Ride

















## Race Day



#### **Start Order**

There will be a rolling start to begin the race.

Please note the following times for all:

- 5.00: Riders to start arriving
- 5.45: Group photo and riders briefing
- 6.00: 115km Open & UAE National Race (Male) starts
- 6:02: 115km Open Race (Female) starts
- 6.04: 58km Open & UAE National Race (Male & Female) starts



#### Positions within your start group are on a first-come-first-served basis

All races will begin from Marina 1, Al Zorah. Click <u>here</u> for start location. The ride will begin from the registration tent in the village with a race briefing.

The cyclists will then move to the archway for a group photo and the rolling start will begin from the archway. The finish line will be opposite the race village on the main road.



#### **Parking and Facilities**

- Please arrive by 5.00am to allow enough time to get ready and find your way to the start zone.
- Parking is located in front of the Race Village, next to the Marina 1, Al Zorah.
- You can ride from the car park, across the road and south past the Fairmont Ajman towards the corniche to reach the start/finish line.
- There is a shuttle bus for cyclists staying at the Fairmont Ajman. The bus will leave from the hotel from 4.30am onwards every 20mins. Please confirm your space with the hotel reception on Thursday night before the race.

















## The Course



#### Start: Marina 1, Al Zorah, Ajman

- The start is located on the main road, next to Marina 1 in Al Zorah. Click <u>here</u> for location.
- The route is clearly marked with signs and will be led by Ajman Police.
- All emergency traffic will pass in the left hand lane we have full access to all lanes.
- Please expect and be aware of the Police passing by regularly be predictable in your movements.
- This course is an extended version on the 2017 course.
- The route is a looped 58 km route around the city of Ajman with over 500 cyclists on the route at any time.
- The 115km race is two loops of the route.
- Lone rider: if you find yourself alone on the road or have dropped from your group, riding in pairs is always more visible and more fun. We suggest that you slow down and allow the next rider to catch you up.
- The race is for individuals of different age groups.

#### Please click here for the route map

**Note:** There are two cut off times for Ride Ajman. All riders competing in the 115km race must have competed the first loop by 8.20am. The second cut off will be at the Al Tallal Camel Track at 9.15am for everyone.



#### Medical

There will be medical provision located in the Race Village. Ambulances will also follow the last cyclists in the 115km and 58km races. Additional medical services will be located at the Al Tallal Camel Track.

Make sure you have a copy of our ICE (In Case of Emergency Number) with you. And if you are feeling unwell please seek medical advice before taking part in the race.

ICE: 056 211 4374

#### **Toilets**

Bathrooms are located in the Race Village, next to the registration tent and at the Al Tallal Camel Track.

















## The Course



#### **Support Vehicles**

Support cars will follow the last riders. If you decide to retire from the ride, flag down one of these vehicles. Only once the vehicle is full will it return to the Race Village. Your own support vehicles are not permitted.

There will be official support vehicles as well as media and police vehicles. Care has to be taken by not allowing any other team vehicle that may obstruct the riders.

Personal support and seconding drivers are **NOT** permitted. Anyone seen using an unauthorized vehicle on the course will be immediately disqualified. Should your team need accreditation for an official vehicle please email the Race Director on sport@promoseven.com



#### **Refreshment Stations**

There will be four refreshment stations on the 58km loop. All stations will have water for you to rehydrate yourself.

- 18km into race near the Fairmont Hotel
- 33Km into race
- 42km into race near the Camel Track

There will also be refreshment at the Race Village



















## Race Village & Prize Giving



Various sponsors will be in the Race Village and an extensive children's area is located beside the Race Village. A bike service will also be available, provided by Revolution Cycles.

\*\*Revolution Cycles can assist with minor bicycle issues/small problems only.

Breakfast will be served from the Biel Tent in the Race Village. In order to claim your breakfast you will need to present your wristband on arrival which you will be given with your medal at the finish line.

The prize giving will take place on the stage in the Race Village at 9.15am. Once you have finished the race please relax and enjoy the food and atmosphere.

**Note:** For UAE Nationals to be in with a chance of winning prize money / trophies they will need to be entered in the UAE National category.

## Things To Watch Out For

**Other riders:** Keep a mindful eye on what is happening around you and remember to signal your intentions.

**Road conditions:** Conditions are generally very good and a huge effort has been made by the Ajman Municipality to improve all road surfaces. However a pump and spare inner tube are essential tools for any road race. The Ajman Police will be on the route to assist you.

The route has many roundabouts and turns and with speeds of over 40 km per hour by the cyclists, their safety is paramount.

**Road obstructions:** The Ajman roads are generally pristine however there are a few bumps and storm water grates that you need to keep an eye out for, remember to call out obstacles when riding in a bunch.

**Visibility:** As we are starting at 6am and the glorious Ajman sun has not quite risen yet, we suggest having a light on your bike.

**Note:** When registering for Ride Ajman, each rider has agreed to the event waiver and rules. Copies of the waiver can be found on the event registration page on <a href="https://example.com">Hopasports.com</a>

















## Post Race Relaxation



RIDE AJMAN جولة عجمان للدراجات



## RACE TO THE FINISH

After enjoying a fast-paced ride around Ajman's iconic landmarks, Fairmont Ajman invites cyclists to kick back and relax with an array of offers, available exclusively to Ride Ajman participants.

Special rate for pool and beach access: AED 150 per adult and AED 75 for children aged from 6-11 years of age

20% discount for all F&B outlets

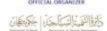
#### Free access to Aqua Bounce Ajman

The above benefits are for riders including their family and friends and also to Ride Ajman partners for up to 4 pax. Proof of race participation is required.

This offer is valid on 13 April 2018 post - race and is subject to availability and advance booking.

For reservations, please call +971 6 701 5544





















## Follow us!



Photographs and videos from Ride Ajman will be posted on our social media channels. Share your experience with us on Twitter, Instagram and Facebook on @RideAjman The official ride hashtags are #RideAjman and #LOVEAJMAN

## Thanks to all our Ride Ajman sponsors

OFFICIAL ORGANIZER

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