



**M1 RUN 2026**

**RACE FOR A PURPOSE  
CLIMB FOR A CHANGE**

12TH EDITION

Powered by Media One Hotel

In partnership with The Sparkle Foundation & Community Partners

# M1 RUN

Saturday - 31st January 2026

**OVER ₩20,000 IN PRIZES,  
GIVEAWAYS & GOODIE BAGS!**



All profits will be donated to The Sparkle Foundation

IN COLLABORATION



LA BOTTEGA  
COLLECTIVE

**ELEVISION**  
[www.elevision.com](http://www.elevision.com)



2026

# KEY INFORMATION

7am to 9am Bib collection at Office Tower Reception

8:30am Warm up next to starting line conducted by Fitness team

9am M1 Run race begins



## Start location

Media One Hotel  
Lobby Entrance



## Finish location

Level 42



1.2 Km

Uphill sprint

700

Stair Climb



## Awards ceremony & Goodie Bag Collection

garden on 8

- Ambulance and paramedics will be on-site for your safety
- Valet parking is available for guests arriving by car
- Personal belongings may be stored at the Front Desk or Concierge
- Water stations will be provided
- Please follow the marshals' instructions, positioned every 5th floor on the staircase
- Keep to the side and allow space for faster runners to overtake
- After completing the run, proceed via the elevator from Level 42 to garden on 8 (Level 8) for the awards ceremony and bag collection
- An optional breakfast at garden on 8 will be available to celebrate your achievement

# AWARDS CEREMONY

CHAMP

Celebrate achievement at garden on 8, where medals and prizes will be presented during the official Awards Ceremony

## FASTEST MALE

฿ 4,000

## FASTEST FEMALE

฿ 4,000

## TOP 3 MALE (ABOVE 40)

1<sup>st</sup> prize ฿ 1,500

2<sup>nd</sup> prize ฿ 1,000

3<sup>rd</sup> prize ฿ 500

## TOP 3 FEMALE (ABOVE 40)

1<sup>st</sup> prize ฿ 1,500

2<sup>nd</sup> prize ฿ 1,000

3<sup>rd</sup> prize ฿ 500

## TEAM

1<sup>st</sup> prize ฿ 2,000

2<sup>nd</sup> prize ฿ 1,500

3<sup>rd</sup> prize ฿ 1,000

## ENTRY OPTIONS

฿ 150 - Individual Entry

฿ 199 - Entry + Breakfast at garden on 8

฿ 500 - Team of 4

฿ 699 - Entry + Breakfast at garden on 8



IN ASSOCIATED WITH



# M1 RUN

JOIN US AND SEE YOU AT  
**MEDIA**<sup>ONE</sup>  
HOTEL

## SPONSORS

