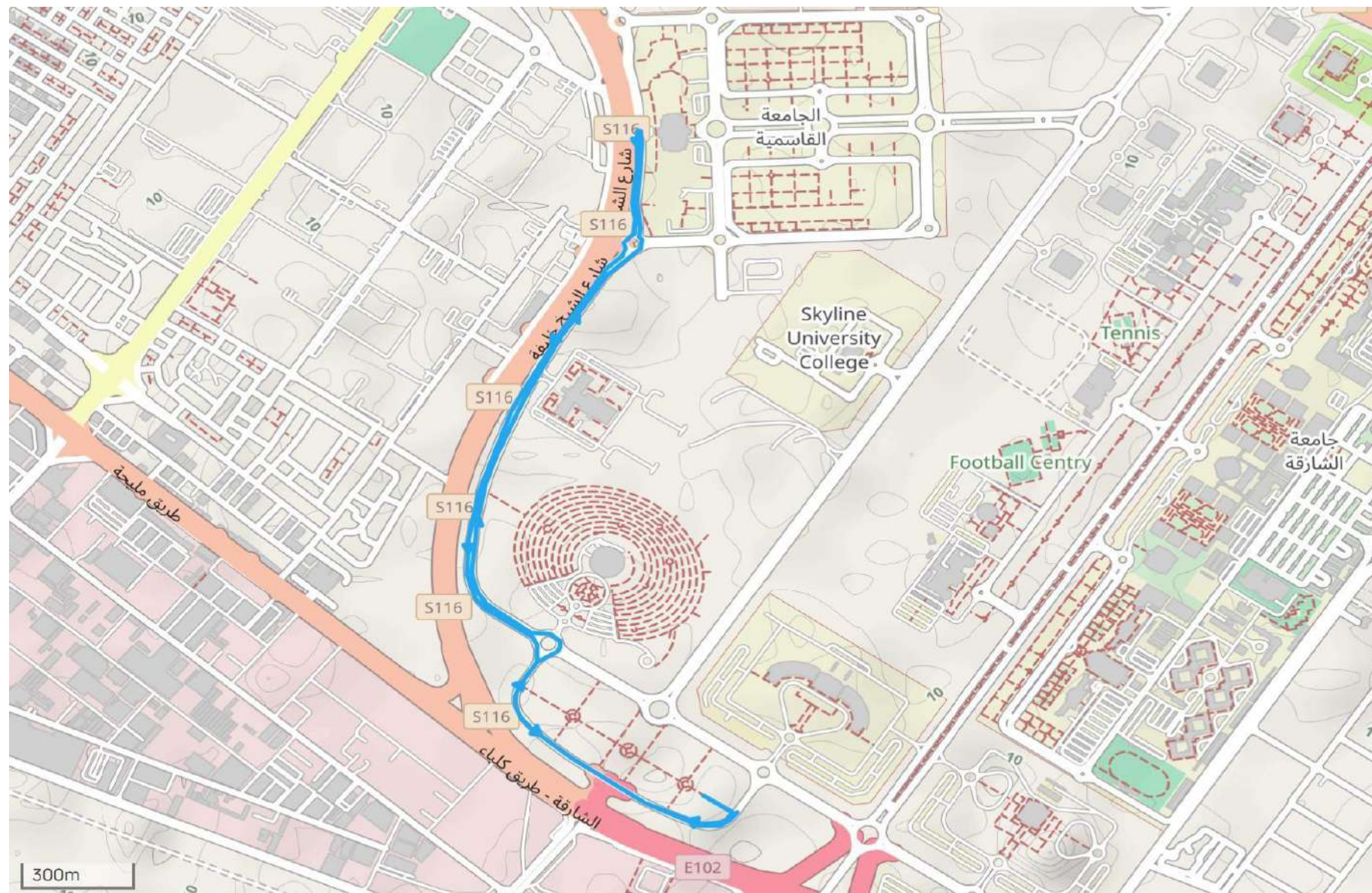


دواثلون الشارقة SHARJAH DUATHLON





5km run course (1 lap) :
Sprint Distance Run 1



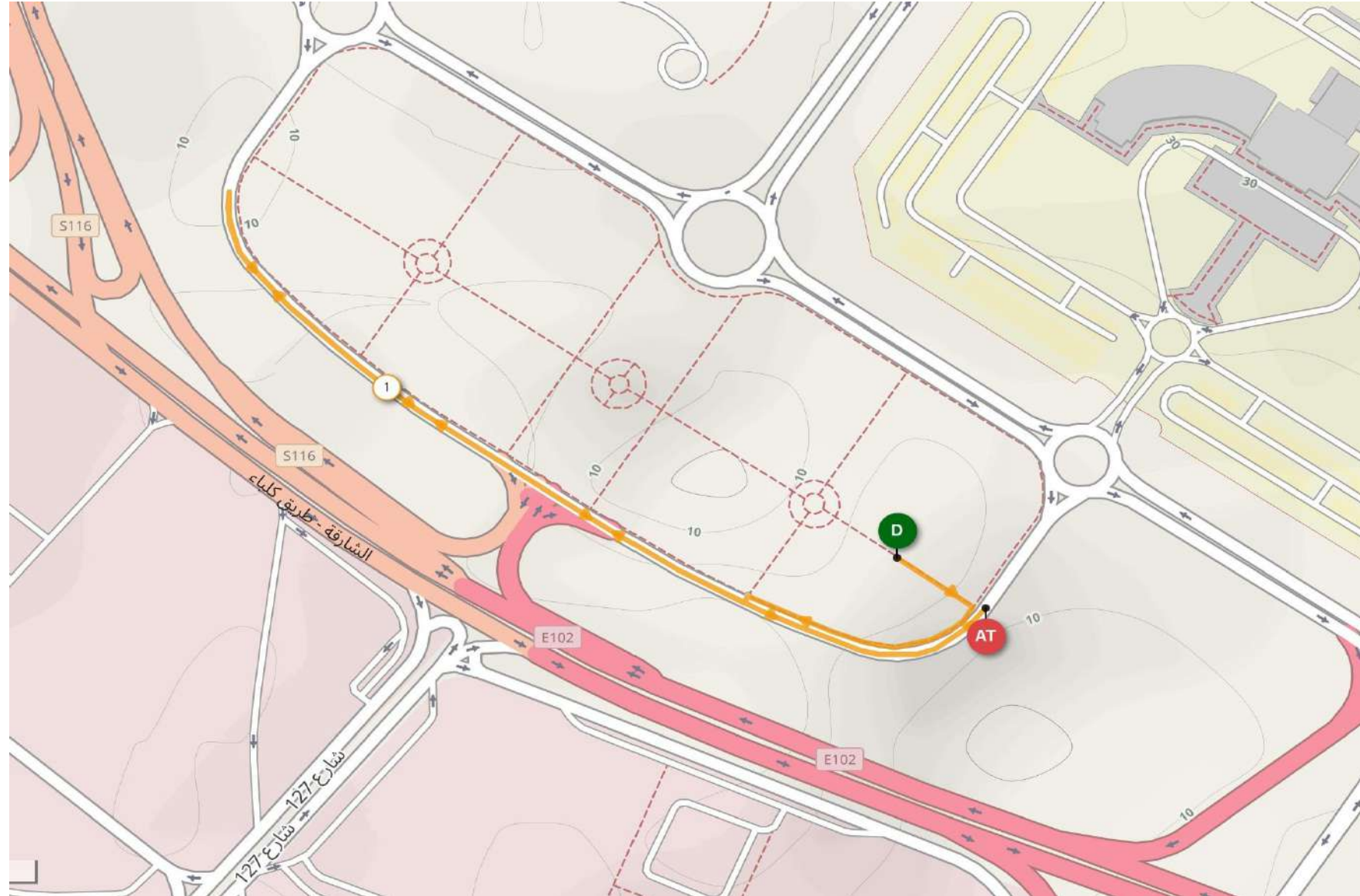


2.5km run course (1 lap):
Super Sprint Distance Run 1 & 2
Sprint Distance Run 2





1.5km run course (1 lap):
Juniors Super Sprint
Distance Run 1 & 2





10km bike course:

Sprint Distance (2 laps)

Super Sprint Distance (1 lap)

Juniors Super Sprint Distance (1 lap)

