



19 OCT 2025



**ALL YOU
NEED TO KNOW**



DATE AND TIME OF THE RACE

The NMC Community Run will be held on **Sunday, 19th October 2025.**

Start timings for the race:

15 KM : 07:00

10 KM : 07:00

05 KM : 07:05

2.5 KM : 07:10



RACE CATEGORIES

15 KM | 10 KM | 5 KM | 2.5 KM



MINIMUM AGE TO RUN

15 KM : 10 years and above

10 KM : 10 years and above

05 KM : 05 years and above

2.5 KM : 03 years and above



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Simply show this package at reception to avail your screening | Available only at NMC Royal Hospital, DIP

Offer valid from 1 October to 30 November, 2025



WHAT IS THE ROUTE?

All distances for the NMC Community Run will follow a scenic route around the Dubai Police Academy. The course will be well-marked, traffic-free and supported by Dubai Police and our event marshals.

HOW DO I GET TO THE VENUE?

The Ripe Market at The Dubai Police Academy is located on Umm Suqeim Street. As you enter the Police Academy, turn left and follow the signs for parking.

[Click here for the route map](#)

[Click here for the parking location](#)

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WHEN AND WHERE DO I COLLECT MY RACE PACK?



Race bibs are to be collected at the venue from 6:00 AM on the morning of the race. Collection closes at 6:55 AM.

Your timing chip is attached to the back of your race bib, which should be worn on the front of your t-shirt/ jersey.



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QUICK FAQs



Can I change the distance on the day?

Participants are required to start in the distance category for which they registered

Is there water available?

Yes, water stations are strategically placed along the route to ensure ample hydration opportunities.

How do I get to the start?

The start line for all races is on the road approximately 100m from the entrance to The Ripe Market. From the parking area, enter The Ripe Market to access registration and the Start Line.

For changes to personal information or any general enquiries?

Please email sports@promosevensports.com and we will respond to your request.

What items will I receive with my registration?

Every participant who completes their race distance will receive a NMC Community Run finisher medal. Additionally, each participant will receive an official t-shirt, a bib, refreshments and an online certificate.



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Contact Us :



04-577-1357



<https://wearesandersons.com>



Police Academy Park - Umm Suqeim St - inside the
Ripe Market - Al Sufouh - Al Sufouh 1 - Dubai



hello-ripe@wearesandersons.com





19 OCT 2025

15KM | 10KM | 5KM | 2.5KM

Official Title Partner

 **nmc royal hospital**

Dubai Investments Park

Official Venue Partner

the Ripe
market

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