

On 6th October 2017 over 100 athletes will swim the beautiful natural bay, cycle on the scenic cycle course and finish with a run on the Khorfakkan Corniche crossing the finish line in the grounds of the Oceanic Khorfakkan Resort & Spa.

We look forward to welcoming you all. Below are a few things that you need to know:



Super Sprint:

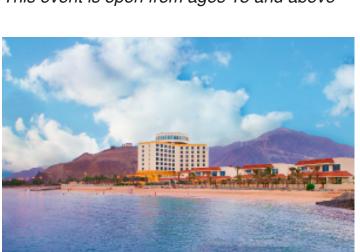
400m Swim, 12km Bike, 2.5km Run

This event is open from age 10 years and older

Short Course:

800m Swim, 30km Bike, 7km run

This event is open from ages 18 and above





The Route: Please <u>click</u> here to view the course and transition area.

Water: There are two water stations on the run course along the corniche.

Timings chip: Chip collection is available at the Oceanic Khorfakkan Resport & Spa on:

- Thursday 5th October Hotel Reception:
 - 5:00pm 10:00pm
 - Friday 6th October Transition Area:

4:30am - 5:30am

Please present a copy of your ID when collecting your chip. If you are collecting for someone else please present a copy of their ID and you will have to sign for it with your contact details. If you already own a classic (yellow) champion timing chip this can be used as normal.

For the Rules and Regulations of the Oceanic Triathlon Series 2017/2018 click here



Make it a weekend to remember and stay at the Oceanic Khorfakkan Resort & Spa on race weekend. From AED 550, room only basis.

To avail this offer, please

email: reservations@oceanichotel.com and use the promotion code in the subject line:

OCEANICTRI2017



Breakfast is included in the race entry fee.

Extra breakfast vouchers can be purchased for friends and family when registering for the race! Vouchers will also be available at the door on the day.

Prices: AED70 for adults, AED35 for children (6-12) and complimentary for children under the age of 6

Friday Morning Timetable

| Time | Event |
|---------------|---|
| 04:00-04:30 | Oceanic dining room opens for a pre-race snack (this is for in-house athletes only) |
| 04:45-05:30 | Transition is opened |
| 05:30 | Road closure of bike course (ensure you have reached the race venue prior to 05:00) |
| 05:30 | Race briefing |
| 06:00 - 06:04 | Race start: Short Course |
| 06:15 | Race start: Super Sprint |
| 08:00 | Roads re-open (bike cut off time) |
| 09:00 | Breakfast opens |
| 09:30 | Prize giving |

Incase of an emergency call:

056 868 5441



Please quote your name location when calling for assistance





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