## Transition



## RUN COURSE



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## Run

A shirt or full-length tri suit must be always worn. No iPod or similar headphone devices allowed. Race numbers must be worn on your front during the run

شرطة الشارقة SHARJAH POLICE

Car parking is available on a first come, first served basis.


## Race Number Collection - 5:00am to 6:00am

Upon registering on the morning, you must find your corresponding allocated number in the transition area. You will find your drawstring bag with your race timing chip, swim cap and bib number. If you believe something is missing, please seek marshals' assistance.

Your race pack will contain:

- Timing chip and ankle strap
- Bib number
- Swim cap

You need to attach the timing chip to your LEFT ankle. Your chip will be collected from you at the finish line - if you don't return your chip at this point you will be liable for a fee of 200 AED - so please remember to return it!

Only use the timing chip given in your race pack.

## Race number

A race number must be clearly visible

## Swim cap

Each wave will start with a different colour cap. Please make sure the colour of the cap in your race pack matches the colour shown on the information board. It is compulsory to wear these swim caps in the swim.

## Timing \& Briefing

## Race Briefing

There will be a race briefing before each race. Please listen carefully to all announcements as any last-minute changes will be addressed at his point.

## Timing

Timing antennas will be positioned at the start and finish lines Whilst we endeavour to provide you with all your timing splits, occasionally this is not always guaranteed due to a chip misreading or error on the antenna. You' will however receive a total finish time providing we can see your race number when you cross the finish line. If you withdraw during the event, make sure to return your timing chip, otherwise we will think you are still on course!


## Results

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Results will be available on our website www.eevents.ae/live as soon as possible after the event. If you have any queries relating to the results, please email us within 48 hours.


