## ALL YOU NEED TO KNOW

### Iftar Challenge 2023 30<sup>th</sup> March 2023, Dubai Autodrome

#### **Race Instructions**

Welcome to the Desert Runners IFTAR Challenge 2023! Please take time to read through these instructions carefully!

#### **Directions to Dubai Autodrome!**

During Ramadan, traffic is usually light from late afternoon to sunset. However, do leave plenty of time to arrive.

Google Map directions can be found here:

https://goo.gl/maps/t5ALpcFLtnotC7H79

(Contact Dan at +971 585462252 or message in the WhatsApp chat if you get lost!)

A map to the venue can be found on the Hopasports website:

https://www.hopasports.com/en/event/desert-road-runners-iftar-challenge-2023?section=map

#### Registration

Race packs will be collected from 6:00 pm to 7:00 pm at Dubai Autodrome on the evening of the race.

#### **Toilet / Changing Facilities**

There are no changing facilities, but there are toilet facilities close to the race pack collection and car park.

#### **Race Timings**

The 2.5K race will start at 7:05 pm | The 5K race will start at 7:30 pm.

Please allow 15 minutes to get from the registration area to the start line. Marshalls will guide you to the start line.

#### Refreshments

There will be one MonViso water stop on the course at the start/finish line.

A post-run IFTAR meal will be available to all participants and marshals.

#### After the Finish

After crossing the finish line, please make sure all runners stay well clear of the finish funnel so that they don't interfere with the other runners. You will be guided safely by the Marshals.

#### **Weather Conditions**

The weather conditions will be clear & pleasant (20-27 Celsius). Please watch out for runners around you who may be in difficulty, especially those who may have fasted during the day! Throughout the event we will support the Autodrome marshals to patrol the event with marshals on bicycles and there will be marshals on thecourse. They will call for help if needed.

There will be an ambulance and medical cover at the event.

#### **Award Ceremony**

The awards presentations will take place on the main track as soon as we have the results available. Awards are expected to start around 8:30 pm.

Results will be posted on the Hopasports website:

https://results.hopasports.com/event/desert-road-runners-iftar-challenge-2023

# Thank you! Good luck, be safe, have fun, and keep running!