

2020 Race Entry FAQ's

What distances can I run?

There are 5km, 10km and 21km (half marathon) events within the 2020 Mai Dubai City Half Marathon.

Do I have to be able to run the whole distance?

The Mai Dubai City Half Marathon is open to participants of all abilities. If you are new to running or returning to exercise, we suggest you enter the 5km or 10km events.

How fast do I have to run?

The Mai Dubai City Half Marathon is organised with the support of Dubai Police and RTA but we must open the roads in line with agreed timings. As such, entrants in the 21km event must be able to complete the full distance within 2 hours and 45 minutes – or an average pace of around 8 minutes per mile/5 minutes per KM. If you cannot achieve this time you should consider moving to the 10km distance.

Anyone walking or part walking/running the event should start at the rear of their assembly area. When out on the route, please keep to the left-hand side of the road when not overtaking to allow faster runners to pass safely.

What time do the races start?

The safety of all our participants, staff and contractors is of the utmost importance to us. So, for 2020 we are staggering the start times to ensure everyone has plenty of space and we can implement social distancing guidance and Covid-19 mitigation.

21km start time 0600hrs

10km start time 0710hrs

5km start time 0800hrs

Can I change distance on the day?

No. You must start in the distance that you have entered. Please contact the organisers by 1700hrs on 9 October if you would like to change the distance that you have entered.

Where does the race start?

The Mai Dubai City Half Marathon will start and finish at the Gate Building with Dubai International Financial Centre (DIFC).

What is the route?

All distances within the Mai Dubai City Half Marathon will follow a route around DIFC. More details about the routes for each distance will be released soon.

Can spectators attend?

As part of our Covid-19 mitigation plans, at this stage we are not encouraging spectators to attend this event. If official guidance changes, we will let you know.

Will it be safe?

The safety of runners, staff and contractors is our top priority. We are working closely with relevant partners during the planning of the Mai Dubai City Half Marathon to make sure that all necessary procedures are in place. We will be in touch in advance of the event to confirm Covid-19 protocols for the event. We thank you in advance for your understanding as these new steps are implemented.

In the unlikely event, the Marathon is cancelled, do we receive a refund?

The organizer does not anticipate the event will be cancelled, having gone through a rigorous process of approvals with governmental bodies, having secured positive endorsement to stage this event.

In line with our policy, in the unlikely event this is to be cancelled, the event will be re-scheduled to a later date, all registration fees will be transferred to that revised date.

Are runners expected to provide medical certificate before the commencement of the event?

There, is no requirement to provide medical certification, if circumstances do change all athletes participating in the event will be advised well in advance of the commencement date.