



The
DESERT RUN
at Al Marmoom

All You Need to Know!

Friday 6th April 2018



Race Timings

The 10km race will start at 6:00 am.

The 5km race will start at 6:10 am.

Race Briefing

There will be no pre-race briefing.

Results / Medals / Goody Bags

Results will be posted on the Hopasports web site at: www.hopasports.com

All runners will receive a medal at the end of the race.

The Route

Click here for the [map](#)

The 10km race is two laps of the Al Marmoom Sanctuary in a anti-clockwise direction. The start is at the entrance to the sanctuary approximately 100m down from the main entrance of the Last Exit.

The flags are placed to measure the 5km loop. The course starts near the Last Exit and makes its way to towards Al Qudra Lakes. The route follows around the edge of the lakes and then makes its way back towards the Last Exit.

Do not cut corners on the bends.

The 5km race is one lap of the Al Marmoom Sanctuary in a anti-clockwise direction.



Directions to the Start



Race Pack Collection



Water

The start is located beside the Last Exit Al Qudra. Click [here](#) for location.

The Finish Line

After crossing the finish line, please move to the right and exit through the barriers as advised by the marshals.

Toilet / Changing Facilities

There are no changing facilities. Toilet facilities are available.

The race pack collection will take place on the morning of the event from 5.15-6.00am. Bibs and timing chips are to be collected from 5:15am at the venue on the morning of the race.

If you have a yellow championship chip please wear it, if not, you will be given a timing chip with your bib. All white chips must be returned after the event.

No chip = no time and possible exclusion from prizes

There are two water stations on the course placed near the start/finish and at the halfway point. Water will be in small paper cups on the course and bottles at the end.

Heat / Conditions

Conditions are expected to be hot. Please watch out for runners around you.

Throughout the event, the course will be patrolled by marshals - please call for help if required.

There will be an ambulance and medical cover at the event.



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